

## Primary care is your connection to lifelong health.

Safe, effective immunizations protect you from potentially serious illnesses like the ones listed below. Ask your primary care provider which vaccines are right for you and your family.

- **Influenza (flu)**
- **Measles**
- **Mumps**
- **Rubella**
- **Chickenpox**
- **Polio**
- **Tetanus**
- **Diphtheria**
- **Shingles**
- **Meningitis**
- **Pneumonia**
- **COVID-19**
- **Pertussis (whooping cough)**
- **Human papillomavirus (HPV)**

