

**Help us spread the word to stop the spread of preventable illnesses.**

We’ve provided a sampling of social posts below – feel free to share these on your social media channels or use them as inspiration to create your own. Each post has been written to fit any social platform. Please [return to our online toolkit](http://www.beimmunekansas.org/tools-for-healthcare-professionals) for some options for visuals you may want to include with your shares. Thank you for joining the effort to promote lifelong health in Kansas by raising immunization rates!

* Stay healthy all flu season long by getting the influenza vaccine for you and your family. Talk to your primary care provider and visit [beimmunekansas.org](http://www.beimmunekansas.org/) to learn how immunizations help make you and all Kansans healthier. #beimmunekansas
* Did you know that a mom-to-be can get the whooping cough (pertussis) vaccine and pass immunity along to her baby? That’s giving the child a healthy start, even before being born. And it’s not just for babies. Visit [beimmunekansas.org](http://www.beimmunekansas.org/) to learn more. #beimmunekansas
* Immunization is a safe, effective way to protect yourself and others from potentially serious – but quite preventable – illnesses. Talk to your doctor to make sure you’re up to date. Visit [beimmunekansas.org](http://www.beimmunekansas.org/) to take a free online assessment. #beimmunekansas